



Tai Chi Traditions, Inc.

P.O. Box 454, Ozona, FL 34660
Florida Nonprofit Charitable Organization Registered 501(c)(3)

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CLASS SCHEDULE

updated 9.21.26

Starts Monday October 5th 2026 – January 30th 2027 **Winter Session**

BEGINNER LEVEL CLASSES \$5 donation requested for indoor classes*								
Location	City	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
Dunedin Community Center * 1920 Pinehurst Road	Dunedin	7 - 8:30 pm	2 - 3:30 pm		2 - 3:30 pm			
Palm Harbor Parks & Recreation * 1500 16th Street	Palm Harbor	2 – 3:00 pm	Only the first 17 are being taught in this class					
This Monday class is <i>an introduction to Tai Chi</i> Only the First 17 moves will be taught over 5 weeks. Start dates: September 21 ~ October 26 ~ November 30								
Tarpon Springs Rec. Center * 400 S Walton Ave	Tarpon Springs			9 - 10:00 am 5 - 6:00 pm				
St. Andrews Presbyterian Church* 705 Michigan Boulevard	Dunedin						10 – 11:30 am	
Pop Stansell Park 797 Florida Avenue	Palm Harbor	On hold at this time						
ADVANCED LEVEL CLASSES \$5 donation requested for indoor classes *								
ADVANCED LEVEL Classes are designed for those who have <u>completed at least one BEGINNER LEVEL</u> and are familiar with the Form.								
Dunedin Community Center * 1920 Pinehurst Road	Dunedin	1 - 2:30 pm 7 - 8:30 pm						
Church of The Good Shepherd * 639 Edgewater Drive	Dunedin			6 - 7:30 pm				
Tarpon Springs Rec. Center * 400 S Walton Ave	Tarpon Springs			10-11:00 am				
St. Andrews Presbyterian Church* 705 Michigan Boulevard	Dunedin						10 – 11:30 am	
Pop Stansell Park <i>Mixed Levels</i> 797 Florida Avenue	Palm Harbor	On hold at this time						

NEW BEGINNER CLASSES START OCTOBER 5, 2026