



**Tai Chi Traditions, Inc.**  
P.O. Box 454, Ozona, FL 34660

Florida Nonprofit Charitable Organization  
Registered 501(c)(3)

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TaiChiTraditions1@gmail.com

**CLASS SCHEDULE**

updated 2.5.25

January 1 - September 2025

<b>SEATED SET - \$5 donation requested for indoor classes*</b>								
<i>SEATED SET is for those with balance difficulty, recovering from illness or require assistive device for ambulation.</i>								
Location	City	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
Dunedin Community Center * 1920 Pinehurst Road	Dunedin	10 – 11 am						
<b>BEGINNER LEVEL CLASSES - \$5 donation requested for indoor classes*</b>								
Location	City	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
Dunedin Community Center * 1920 Pinehurst Road	Dunedin	7 - 8:30 pm	2 - 3:30 pm		2 - 3:30 pm			
Palm Harbor Parks & Recreation * 1500 16th Street	Palm Harbor	2 - 3 pm						
Pop Stansell Park 797 Florida Avenue	Palm Harbor						10 - 11:00 am	
Presbyterian Church of Palm Harbor 2021 Nebraska Ave.	Palm Harbor				6-7:00 pm			
Tarpons Springs Rec Center 400 S. Walton Ave <b>Until June 2025</b>	Tarpon Springs			9-10 am				
<b>ADVANCED LEVEL CLASSES - \$5 donation requested for indoor classes *</b>								
<i>ADVANCED LEVEL Classes are designed for those who have completed at least one BEGINNER LEVEL and are familiar with the Form.</i>								
Dunedin Community Center * 1920 Pinehurst Road	Dunedin	1 - 2:30 pm 7 - 8:30 pm						
Church of The Good Shepherd * 639 Edgewater Drive	Dunedin			6 - 7:30 pm				
Pop Stansell Park <b>Mixed Levels</b> 797 Florida Avenue	Palm Harbor						10 – 11 am	
Pop Stansell Park <b>Lok Hup</b> 797 Florida Avenue	Palm Harbor						11 am - 12 pm	
Tarpons Springs Rec Center 400 S. Walton Ave <b>Until June 2025</b>	Tarpon Springs			10-11 am Start 12/11				

**NEW BEGINNER CLASSES START FEBRUARY 3, 2025**