



Tai Chi Traditions, Inc.
P.O. Box 454, Ozona FL 34660

A Florida Not For Profit Corporation
Registered 501 (c) (3)

CLASS SCHEDULE

03012024

SEATED SET - \$5 donation requested for indoor classes*								
Location	City	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
Dunedin Community Center * 1920 Pinehurst Road	Dunedin	10 – 11 am						
BEGINNER LEVEL CLASSES - \$5 donation requested for indoor classes*								
Location	City	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
Dunedin Community Center * 1920 Pinehurst Road	Dunedin	7 - 8:30 pm	2 - 3:30 pm		2 - 3:30 pm			
Palm Harbor Parks & Recreation * 1500 16th Street	Palm Harbor	2 - 3 pm				2 - 3 pm		
Pop Stansell Park 797 Florida Avenue	Palm Harbor						10 - 11:30 am	
<i>(Private Property class) *</i> Contact Karen for information	Dunedin				3 - 4:30 pm			
Craig Park SEASONAL 5 Beekman Way	Tarpon Springs			9 - 10 am <i>Seasonal</i>				
ADVANCED LEVEL CLASSES - \$5 donation requested for indoor classes *								
Dunedin Community Center * 1920 Pinehurst Road	Dunedin	1 - 2:30 pm 7 - 8:30 pm						
Church of The Good Shepherd * 639 Edgewater Drive	Dunedin			6 - 7:30 pm				
Pop Stansell Park Mixed Levels 797 Florida Avenue	Palm Harbor						10 - 11 am	
Pop Stansell Park Lok Hup 797 Florida Avenue	Palm Harbor						11 am - 12 pm	
Craig Park SEASONAL 5 Beekman Way	Tarpon Springs			10 - 11 am <i>Seasonal</i>				

ADVANCED Level Classes are designed for those who have completed at least one Beginner Session and are familiar with the 109 Form.

SEATED SET is for those with balance difficulty, recovering from illness or require assistive device for ambulation.